### **Good Morning Ketcham Nation!**

# Today is Day 3

Today's Motivation: The best way to get started is to stop talking and start doing.

## **UNICEF CLUB**

Are you interested in quality community service, advocating for the human rights of war victims and children, and a fun after-school activity? Then UNICEF is the club for you! Join the GC for more info! GC: ovydeut

## **BAKE SALE**

The Class of 2026 is asking for donations of baked goods – homemade or store bought – for their bake sale on Friday, Sept. 27 in the cafeteria, periods 4-7. Donations can be dropped off in the morning on 9/27 or have a family member drop it off at the main office before 10am.

\*\*\*Students who donate a baked good will be put into a raffle with a chance to win a \$10 gift card for Dunkin! If you would like to donate something, please fill out the google form below. Thank you and we can't wait to bring you great things this year! This is the link for the google form to donate something https://docs.google.com/forms/d/e/1FAIpQLSfxO5ZZXCnGr\_qAFwHWIVU2Z1EaDJ2gZUGt43EuoG2CmZe oSg/viewform

For homemade goods, please attach an ingredient list to prevent allergic reactions.

#### **PINK OUT SHIRTS**

Get your KetchamNation pink out shirt. Order forms in main office or see Ms. Bunt (241) or Ms. Cachon (293). Orders are due by Friday 9/27. Shirts are \$20. Help support our PTSA.

#### **COLLEGE VISITS**

The following college will be visiting RCK on Wednesday, 09/25

9:17 AM - SUNY College at Oswego

10:08 AM - Marywood University

11:00 AM - Keuka College

11:50 AM - SUNY College at Geneseo

You must pre-register in SCOIR if you would like to attend any of these visits. All visits will be held in the Library

### **OMG CLUB**

We invite you to join our vibrant Christian community at RCK. Whether you want to deepen your faith or simply explore what our group is all about, we would love for you to join us on September 25 at 2:30pm in room 215.

### PRAYER AT THE POLE

The OMG Christian Club would like to invite you to participate in an activity called Prayer at Pole. It is a national day of prayer on Sept. 25. At 7:30am we invite you to meet at the flagpole in front of the school (in the main lobby if it rains) to pray. Please see Ms. Alemany with questions.

## STEP TEAM

Step Team practice will be on Thursday in the Cafeteria at 2:30.

#### **GIRLS BASKETBALL**

Open Gym this week will be on Thursday from 7-830...any Q's see Coach Mealy

#### PRIDE CLUB

Pride Club and Bollywood Club are canceled this week. We will meet next week.

## ITALIAN NATIONAL HONOR SOCIETY

Meeting Wednesday 9/25 in Room 344 at 2:25pm? We have a few important agenda items to discuss before the end of the month.

#### **NAHS**

National Art Honor Society- Students grades 10-12 currently or formerly in an art class are invited to join our 1st general membership meeting on 9/25 after school in room 243. Come on in and discover the possibilities involved in our fun and productive club!

#### **YEARBOOK**

Yearbook will be having a training meeting on Thursday, Sept. 26th at 2:30 in room 293. Door closes promptly at 2:30 for training. Must attend training in order to eventually work on yearbook.

### RANDOM ACTS OF KINDNESS (RAK)

Explore the Random Acts of Kindness Club! You can make a difference in your community by spreading kindness and uplifting others. Engaging in acts of kindness can boost your mood, increase empathy, and enhance your overall well-being. Join us at 2:30 pm on Thursday, September 26 in the library. We will be working on our first act of kindness! Contact Ms. Alemany with questions.

# GC link

https://classroom.google.com/c/NzEwNDU4NTc4MDA5?cjc=dfm5ke3

# **GREENWORKS**

RCK Greenworks will hold its first meeting on Wednesday, Sept. 25th at 2:30 p.m. in Room 295. All are welcome to join. If you are interested in the environment, hiking, enjoying the outdoors, growing organic veggies in our greenhouse, joining the eel sampling team at Hunter's Brook, or just learning about various environmental topics, please join us. Hope to see you there!

### HISTORY OLYMPIAD

Do you love history and enjoy a bit of competition? Do you think you'd win on a game show like Jeopardy? Join the History Olympiad! This is your chance to compete at regional and national levels. Our next meeting will be on Thursday, September 26th in room 199 directly after school. Come and test your history skills! Correct answers=snacks. Please email Mr. Mayo and Mr. Diamente with any questions.

# INTERACT

The Interact Club will have its next meeting on Thursday, September 26 in the LGI. Learn how you can give back to the Wappingers community while having fun! Learn about our parties, events and more! GC code is :47j4oev

### **ASL CLUB**

The next ASL Club meeting will be Monday, September 30th in room 358 after school. Come learn how to sign numbers. We will also be playing BINGO for prizes and talking about upcoming events in October. See you then!

#### SCIENCE BOOK GROUP

Science Book Group will meet Friday, 9/27, in Room 255. Our first book of the year is <u>The Radium Girls:</u> <u>The Dark Story of America's Shining Women</u>, by Kate Moore Stop by to get the reading schedule and see what we're all about!

#### **POKEMON CLUB**

Pokemon Club will be meeting on Wednesday 9/25 in room 255. New members are always welcome! Please see Ms. Sivco with any questions.

### SKI & SNOWBOARD CLUB

The Ski & Snowboard Club will have an introductory meeting on Wednesday, September 25th at 2:25 in the LGI. You will learn about tentative trip dates and locations, new exciting plans for this season, and earn priority access to sign ups for our limited club membership. We will also be recruiting members interested in serving as club officers. If you have any questions, please see Mr. del Olmo in room 346.

## **MULTICULTURAL SOCIETY**

The first meeting of the Multicultural Society will be on Wednesday September 25th after school in room 104. Come and share and celebrate the many cultures in our community. Experience and engage in world cultures in a fun and interactive environment! Contact Mr. Diamente or Mr. Calimano if you have any questions.

#### WEIGHT ROOM

The Weight room will be open for all students on Tuesdays & Thursdays 6:50am-7:20am with Mr. Mealy & after school 2:30-3:30pm with Mr. Perry. You may take the late bus home if you need to. Google Classroom Join Code: ioaesry

#### ATTENTION SENIORS

Check out our scholarship page at https://www.wappingersschools.org/Page/8613 Click on the 2024-2025 Scholarship Summary. Scholarships are also posted in the Class of 2025 Google Classroom and hard copies are available in the Guidance Office. New Scholarships are posted weekly depending on availability.

### **TUTORS NEEDED**

The RCK Learning Center is looking for students willing to help those students struggling to do their best in their classes. If you are interested in being a tutor for the 2024-2025 school year, see Mr. Cunningham in room 258 or e-mail him. Remember, in addition to helping out your fellow students, tutoring time can be applied to meeting your community service hours for N.H.S. and P.I.G. Sign-up today!

#### RCK APPAREL

Please consider supporting Ketcham Cross Country by purchasing something from our apparel store. Your contribution directly benefits our team, and we truly appreciate your support. https://www.hometownapparelny.com/rck-xc

### STUDENT COUNCIL

We're excited to invite you to our meetings every Tuesday at 2:30 PM in the Cafeteria! This is a great opportunity to share your ideas and help plan upcoming events. At our next meeting, we'll be discussing Spirit Week, and we'd love to hear your thoughts! Don't forget to join our Google Classroom for updates. We can't wait to see you there!

# https://classroom.google.com/c/NzEyOTUxMjY3ODIz?cjc=76sszjl

#### **SEAL OF BILITERACY**

Are you a Junior or Senior in level 5 language this year? Do you speak ANY language other than English at home? The New York State Seal of Biliteracy is for you! Come to the introductory meeting on Thursday, September 26th after school in room 342 to find out more. We will go over the process for obtaining the Seal, as well as incorporating the Civic Seal of Readiness. Speak to your language teacher, or see Sra. Flanagan in room 342 or Ms. Kosiner in room 346 if you have questions. All are welcome!

## **PSAT**

Attention Juniors. PSAT registration is now open and the deadline to register is Monday October 7, 2024. The exam will be offered at RCK on Saturday October 26. We recommend that Juniors who are planning to apply to four year colleges next year sit for this exam. The PSAT is a practice exam for the SAT and also the National Merit Scholarship qualifying test. Please use this link: <a href="https://www.wappingersschools.org/Page/23772">https://www.wappingersschools.org/Page/23772</a> for more information about the exam and for registration details. Please contact your son or daughter's school counselor with any questions.

## **LACROSSE**

Any girls interested in playing lacrosse this spring, please email coach Rowan (sean.rowan@wcsdny.org) to be added to the google classroom. All information regarding off-season workouts will be posted there.

### **SENIOR PORTRAITS**

SENIORS do not wait to get your Senior Portrait done now. All SENIOR PORTRAITS must be completed through Legacy Studios by December 31st. Next set of dates are 9/25-9/27 and 10/28-11/1. Make your appointment today! <a href="https://seniors.legacystudios.com/roy-c%20-ketcham-hs/">https://seniors.legacystudios.com/roy-c%20-ketcham-hs/</a>

## **PTSA**

Joining the PTSA helps to support many events and activities here at RCK. Your membership also helps to support scholarship opportunities. Become a member today here: https://rck.givebacks.com/store?limit=21&live=true

## **ACTIVITY PASS**

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Have an announcement? Send it to rck.announcements@wcsdny.org

Make this a great day RCK and remember to go #All In All Ways.

Your principal, Dave Seipp